

REVISED AND UPDATED
SECOND
EDITION

HEALTH TREASURES:

VICTORY

Over

SICKLE CELL ANEMIA!

An expansive collection of articles, essays, books, videos
and blogs compiled by Pearls of Wisdom



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VICTORY

----- *OVER* -----

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<http://www.PearlsOfWisdomForAbundantLife.com>

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for additional support on your victory journey.

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Videos:

[Foods to Eat for More Oxygen to Blood Cell in Your Body Naturally by 7ReMix Healthy Tips TV](#)

[Eating Properly with Sickle Cell by OldFashion Health Network](#)

[What Foods Help the Red Blood Cells & Muscles Carry Oxygen? by livestrong.com](#)

[Healthy Regimen | Sickle Cell Disease by Advocate 4 Sickle Cell \[includes suggestions for Vitamins, Minerals and Herbs\]](#)

[Freda Lewis-Hall and TLC's "T-Boz" Discuss Sickle Cell Disease on The Doctors by PfizerNews](#)

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Articles and Essays:

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[Benefits of the B12 Vitamin by Corinne Bridgewater](#)

[Sickle Cell Anemia - Ayurvedic Herbal Treatment by Abdulmubeen Mundewadi](#)

[Reliable Herbal Ingredients For Alleviating Anemia by Vanessa A. Doctor](#)

[Sickle Cell Anemia by Herbs2000.com](#)

[Natural Therapies by African Children's Holistic Foundation](#)

Vitamins, Minerals and Herbs

Articles and Essays:

Title: Sickle Cell Anemia Treatment Natural Supplements and Dietary Pills

Date: May 29, 2017

Author: Ray Sahelian, M.D.

Summary: The article gives a brief description of the disease, its prevalence and suggestions for natural therapy, including fish oils or omega-3 fatty acids, vitamin D supplementation, herbal treatment and physical activity.

Link: <http://bit.ly/2OLidkl>

Title: Help for Sickle Cell Anemia

Date: 2013

Author: Health-Reports.com

Summary: In this report, you'll learn the underlying cause of sickle cell anemia, as well as what you can do to control the recurrence of painful sickle cell crises - and possibly remain symptom free.

Link: <http://bit.ly/37HXSfg>

Title: Sickle Cell Anemia Treatment - Traditional and Non-Traditional!

Date: June 19, 2016

Author: Kevin Whitsitt

Summary: Today I want to talk about what sickle cell anemia really is. I also want to share a few traditional and non-traditional sickle cell anemia treatment ideas.

Link: <http://bit.ly/2rkOgi1>

Title: Metabolically Active Folic Acid - L-Methylfolate

Date: May 3, 2016

Author: Ray

Summary: The author summarizes her research and use of L-Methylfolate which resulted in a great improvement in her sickle cell pain experience. She provides a list of resources that she used to learn about L-Methylfolate.

Link: <https://bit.ly/2GFcd1h>

Title: Herbs Effective in Sickle Cell Anemia

Date: February 9, 2014 (Last updated on September 30, 2019)

Author: Case Adams, PhD, Naturopath

Summary: The article discusses: What is sickle cell disease? * Clinical research on sickle cell * What are the herbs in Niprosan/Nicosan? * Research finds other promising botanicals for sickle cell disease * Why many sickle cell studies come from Nigeria

Link: <https://bit.ly/2SoDgc1>

Healing Testimonies

Books:

Title: Living by Design, Not by Diagnosis: A Story of Hope, Faith, and Encouragement

Date: October 27, 2015

Author: Starlerra Simmons

Summary: This is the true story about how my family and I dealt with the Chronic Illness of Sickle Cell Disease. This disease not only took over how we lived day to day but it also took the life of our son. Through my faith in the Lord, He resurrected our son and today, we are living testimonies of how God is still working miracles here on earth. He is no respecter of persons. He will do it for you too! Whether you are dealing with a loved one with an chronic illness, depression, rejection, hurt, opposition, or just see no way out. I pray that my story will give you Hope, Faith, and Encouragement. To learn more about how I took my obstacles and turned them for something positive, visit my website at: www.scdfoc.org

Link: <https://amzn.to/35eIvBx>

Title: Sickle Cell Disease/Sickle Cell Trait: The Triumphant Struggle of One Man

Date: May 1, 2013

Author: Ezekiel Sandy

Summary: This book is based on a disease that has plagued the Cushite race from the dawn of existence: sickle cell or trait sickle cell, for which experts continue to say there is no cure. As a victim of this disease, I prayed I would be provided with the answers to overcome this serious health condition. I believed there had to be a way and was determined to find it. Inside this book is my story and the tools I discovered. Given a chance, the material within will serve as a major help for all who read. Having this disease or any other chronic illness can be a building block for learning how to overcome struggles and live your best life now. I hope this book helps you make positive changes in your health. I, Ezekiel J. Sandy, am an example of one man who overcame this illness and you can, too, if you apply the knowledge.

Link: <https://amzn.to/36kdc9T>

Title: YELLOW EYES GONE WHITE! an Inspiring Journey of Triumph Over Sickle Cell Disease

Date: December 24, 2012

Author: Lady InspiroLogos

Summary: In her candid and insightful *YELLOW EYES GONE WHITE!: An Inspiring Journey of Triumph over Sickle Cell Disease*, Ifueko Fex Ogbomo shares stirring memories of her lifelong struggle against this chronic genetic disorder, and her long awaited 'cure' through her belief in God. After losing her older brother to this same debilitating disease, she was able to find strength in her faith and realize what was required of her in order to achieve the healing.

It is the author's hope that her story will educate the reader about this disease, but more importantly, that those suffering this affliction might come to an understanding of God's love and healing